

PRELIMINARY
EDUCATION NOTES

La Bo & Bla











ABOUT

A brand new work in conjunction with Campbelltown Arts Centre and Black Honey Company, One the Bear explores the themes of identity, exploitation, appropriation and friendship in a world gone wild with celebrity. One the Bear a fairy tale for the hip hop generation. Set in a garbage tip, this is the story of a young female bear that wants more for her tribe. Garbage sparkles and catches on beams from broken streetlights as One and her best friend Ursula get up to mischief and mourn the dank life they lead. The two spit rhymes on living under Human Hunter law and dream of the days when bears were free; eating fresh fish rather than packaged fish fingers. But what happens when One is given the opportunity to speak for her community? What happens when fame knocks at the door?

Written wholly in rhyme and created by an extraordinary cross disciplinary team: a stunning dystopic world guaranteed to burst your senses and expand your mind.

CAST & CREATIVES

Writer/Concept Candy Bowers

Sound Design/Composition Kim Busty Beatz Bowers

Directorial Eye Susie Dee

Production Design Jason Wing

Costume Design Sarah Seahorse

Lighting Design Daniel Anderson

Dramaturgy Claire Christian and Sista Zai Zanda

Performers Candy Bowers and Maurial Spearim

ESTIMATED RUNNING TIME

(Please note this will be confirmed closer to the production): 70 minutes no interval

CURRICULUM LINKS

- Contemporary Political Theatre
- Hip Hop and Spoken Word Theatre
- Magic HERstory (Feminist Magical Realism)

THINGS TO PONDER

CENTRAL THEMES:

Power & Oppression, Gender, Fame, Identity, Colonisation, Media, Body Image

- Consider contemporary fairy tales, privileging women of colour, feminism, global warming and the impact on animals, specifically bears, lyrical hip hop and hip hop culture.
- Researh Audre Lorde and discuss these quotes of hers

It is not our differences that divide us. It is our inability to recognize, accept, and celebrate those differences.

When I dare to be powerful, to use my strength in the service of my vision, then it becomes less and less important whether I am afraid.

Your silence will not protect you.

If I didn't define myself for myself, I would be crunched into other people's fantasies for me and eaten alive.

When we speak we are afraid our words will not be heard or welcomed. But when we are silent, we are still afraid. So it is better to speak.

These are some of the articles, songs and videos the creative team used to create One The Bear.

Use these to inspire new scenes, movement pieces or monologues. Think about mood and the central themes depicted.

Mother bears parenting their cubs

http://www.boredpanda.com/mother-bear-cubs-animal-parenting/

Grizzly Bears

http://animals.nationalgeographic.com.au/animals/mammals/grizzly-bear/

Slam Poet Mahogany L. Browne performs "Bears"

https://www.youtube.com/ watch?v=PznvXMKxm9A&feature=youtu.be

How Bears Talk

https://www.youtube.com/watch?v=IpNx XXSbMA&feature=youtu.be • The danger of a single story I Chimamanda Ngozi Adichie I TED talk

https://www.youtube.com/watch?v=D9Ihs241zeg

• Laura Mvula - Phenomenal Woman

https://www.youtube.com/watch?v=7---iGdDIBQ

Laura Mvula - Overcome (Official Video) ft.
 Nile Rodgers

https://www.youtube.com/ watch?v=L7u9FpJJtEQ&feature=youtu.be

 Youssou N'Dour - 7 Seconds ft. Neneh Cherry

https://www.youtube.com/watch?v=wqCpjFMvz-k